

Season 2015-16  
Issue 10  
16 November 2015



Swifts Junior  
Badminton Club

## Match summary

We didn't have any matches this weekend, because of the ACDBL doubles tournament. Things return to normal next weekend though, with five matches on Saturday.

## Coaching by our members

Congratulations to Helen Sproston who has just passed her BE level 1 badminton coaching examination.



***If the training is easy  
the match will be hard,  
but if the training is  
hard the match will be  
easy.***

SWIFTS JUNIOR  
BADMINTON CLUB  
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## ACDBL tournament results

Saturday saw the first half of this season's ACDBL doubles tournament, in which about thirty pairs of Swifts players took part in the U10, U14 and U18 sections. Our medal winners are listed below. As you can see, our entrants did not leave a lot for the other clubs to win.

Photos can be found on the next page.

<b>Section</b>	<b>Winners</b>	<b>Runners-up</b>
U10 Girls A	Lila Dundas & Isabelle Pun Lai Yuen	Leah Naish & Holly Ransom
U10 Girls B	Erin Christian & Amelia Wells	Temisha Veeramootoo & Olivia Wells
U10 Boys A		Matthew Barnfield & Sebastian Grove
U10 Boys B		Ben Ford & Nathan Gibson
U10 Mixed A	Sebastian Grove & Lila Dundas	Matthew Barnfield & Isabelle Pun Lai Yuen
U10 Mixed B	Siddhant Shirol & Temisha Veeramootoo	Amelia Wells & a non-Swifts partner
U14 Girls A	Serena Farrelly & Smrithi Shirol	Amy Chapman & Ellie Darlington
U14 Girls B	Neeve Galvin & Rebecca Sproston	
U14 Boys A	Ben Atkins & Callum Mitchell	
U14 Boys B	Max Curtis & Anish Goel	Greg Laurence & Jack Wetherall
U14 Mixed A	Callum Mitchell & Ellie Darlington	Christopher Chong & Smrithi Shirol
U14 Mixed B		Max Curtis & Ruth Devapragasam
U18 Girls	Imogen Galvin & Jessica Mallett	
U18 Boys	Nathaniel Brittany & Ben Cullen	Soon Hau Fun & Harry Owens
U18 Mixed	Harry Owens & Jessica Mallett	Flynn Thatcher & Imogen Galvin

## ACDBL tournament



Clockwise from top left:

A whole courtful of delighted Swifts medallists from the U10 sections.

Temisgha Veeramootoo and Siddhanth Shirol

Sebastian grove and Lila Dundas

Smrithi Shirol and Serena Farrelly

Lila Dundas and Isabelle Pun Lai Yuen

